

**The
Gaylord**

Established in 1989
Fully Air Conditioned
Fully Licensed



Tandoori Indian Restaurant

Since being established in 1989, **The Gaylord** has been nominated for and won numerous awards and prizes, including the prestigious Carlton ITV prize, the Time Out and the Docklands Good Food awards. The restaurant has also featured on The Big Breakfast, Carlton TV, and several other TV programmes.

The Gaylord's immense success is due to our commitment to providing only the very best of dishes from India and Bangladesh in a warm and friendly atmosphere, and has made the restaurant a favourite of a number of media personalities.

PLEASE NOTE

1. All prices include VAT
2. The management reserves the right to refuse admission without explanation
3. Minimum charge per person excluding drinks £13.95
4. Cover charge of 12.5% will be added to your bill

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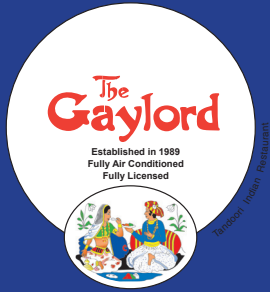


www.gaylordrestaurant.co.uk

E-mail: thegaylorde14@yahoo.com

* We do not accept cheques *
All major credit cards accepted





The Gaylord SHURUAT - APPETISERS

- | | |
|--|-------------------|
| 101. FISH TIKKA | £4.50 |
| Charcoal-grilled skewers of marinated Bangladeshi fresh-water Telapia fish | |
| 102. MULLIGATAWNY SOUP..... | £4.20 |
| A traditional soup with mixed spices | |
| 103. ONION BHAJI | £3.95 |
| Onion and herb fritters fried in spiced butter, served with salad | |
| 104. SOMOSA | £3.95 |
| Spiced mixed vegetables or ground meat fried in crispy light pastry | |
| 105. ALOO CHAT | £3.95 |
| Diced boiled potatoes mixed with fresh coriander, green chillies, tamarind sauce and chat masala | |
| 106. CHICKEN CHAT | £4.50 |
| Cubes of chicken, capsicum and tomatoes mixed with special chat masala | |
| 107. PRAWN COCKTAIL | £4.50 |
| Prawn in cocktail sauce on a bed of lettuce | |
| 108. PRAWN PUREE | £4.50 |
| Spicy prawns, served on fried unleavened bread | |
| 109. KING PRAWN BUTTERFLY | £5.55 |
| Mildly spiced king prawn fried in butter | |
| 110. KING PRAWN PUREE | £5.55 |
| Spicy king prawns on fried unleavened bread | |
| 111. CHICKEN PAKORA | £4.50 |
| Slices of spring chicken fried in spiced butter | |
| 112. CHICKEN/LAMB TIKKA | £4.50 |
| Charcoal-grilled skewers of marinated boneless pieces of marinated chicken or lamb | |
| 113. CHICKEN TIKKA KEBAB | £4.50 |
| Charcoal-grilled skewers of spiced minced chicken | |
| 114. KEBAB-E-SHEEK | £4.50 |
| Charcoal-grilled skewers of spiced minced lamb | |
| 115. KEBAB-E-SHAMI | £4.50 |
| Shallow-fried patties of spiced minced lamb and fresh herbs | |
| 116. MUSHROOM BAHAR | £4.50 |
| Mushroom stuffed with minced spicy chicken or fish coated with bread crumbs and deep fried | |
| 117. MIXED KEBAB | £5.55 |
| A taster plate of samosa, onion bhaji, and sheek kebab | |
| 118. GARLIC MUSHROOMS | £4.50 |
| Mushrooms sauteed in garlic butter with a tangy cream sauce | |
| 119. TANDOORI CHICKEN | £4.50 |
| Starter portion of marinated chicken on the bone cooked in a charcoal tandoor | |
| 120. BOMBAY DAK | each £1.75 |
| Smoked fish fillet (one per serving) | |

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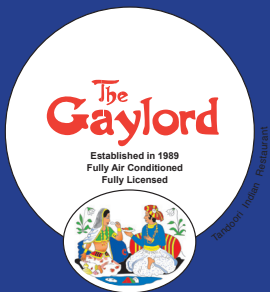


The Gaylord DRY TANDOORI DISHES

- 201. TANDOORI CHICKEN£7.95**
Half a spring chicken, marinated in spices and yogurt
- 202. CHICKEN TIKKA.....£7.95**
Charcoal-grilled skewers of diced, marinated chicken
- 203. LAMB TIKKA.....£7.95**
Charcoal-grilled skewers of diced, marinated lamb
- 204. CHICKEN SHASHLICK£7.95**
Charcoal-grilled skewers of boneless pieces of chicken with onions, capsicum and tomatoes
- 205. HASINA-E-KEBAB£7.95**
Charcoal-grilled skewers of lamb with onions, capsicum, and tomatoes
- 206. TANDOORI KING PRAWN.....£13.95**
Charcoal-grilled skewers of marinated king prawns
- 207. TANDOORI FISH£9.95**
Mildly spiced trout, grilled on the tandoor
- 208. SHEEK KEBAB£7.95**
Charcoal-grilled skewers of spiced minced lamb
- 209. TANDOORI MIXED GRILL.....£12.95**
Marinated lamb, chicken tikka, sheek kebab and pieces of tandoori chicken
- 210. FISH TIKKA£9.50**
Charcoal-grilled skewers of marinated Telapia fish fillet
- 211. TANDOORI CHOPS£9.50**
Charcoal-grilled skewers of marinated lamb chops

The Gaylord EXCLUSIVE NEW DISHES

- 301. MACH BORTHA£7.50**
De-boned mackerel and green herbs; dry and moderately spicy dish, served hot or cold
- 302. MODHUCASH CHICKEN.....£9.50**
Delicately mild combination of chicken, cashew nuts and honey - strongly recommended
- 303. CHICKEN/LAMB SHATKORA£9.50**
Shatkora is a semi-wild citrus fruit used in Bangladeshi cuisine of the Sylhet region; its unique and aromatic flavour distinguishes it from any other citrus fruit. Chicken or lamb served in a medium-hot thick sauce.
- 304. LAU SALAN£9.50**
Chicken or lamb with red pumpkin, medium spices, herbs and fresh coriander
- 305. FISH MASALA£9.50**
Bangladeshi Telapia fish fillets in masala sauce



**WANT YOUR DISH EXTRA HOT?
ADDED SPICE £0.50**

The Gaylord CHEF'S SPECIALITIES

- 401. CHICKEN/LAMB TIKKA MASALA£9.50**
Charcoal-grilled chicken or lamb in spices with cream and butter
- 402. TANDOORI CHICKEN MASALA.....£9.50**
Off-the-bone spring tandoori chicken in a special cream sauce, highly flavoured with delicate Indian spices
- 403. TANDOORI KING PRAWN MASALA.....£14.95**
Charcoal-grilled king prawns in a cream and butter sauce with delicate spices
- 404. CHICKEN/LAMB BEMISAL£9.50**
Pieces of chicken or lamb marinated with spices and yoghurt, baked in the tandoor, then cooked with chillies in a hot sweet and sour sauce
- 405. TANDOORI KING PRAWN PAKKEEZAH £14.95**
Charcoal-grilled king prawns with diced onions in a spicy sauce
- 406. CHICKEN MAKHANI£9.50**
Mildly spiced chicken, roasted in the tandoor, then cooked in special cream sauce
- 407. CHICKEN TIKKA BHOONA£9.50**
Charcoal-grilled chicken with onions in a spicy sauce
- 408. CHICKEN/LAMB TIKKA JALFREZI.....£9.50**
Charcoal-grilled pieces of chicken or lamb, chopped onions, ginger, capsicum, tomatoes, green chillies and special spice
- 409. TANDOORI MIXED GRILL MASALA ...£14.95**
Lamb and chicken tikka, sheek kebab and tandoori chicken in a special rich sauce, served in a traditional iron korai
- 410. CHICKEN MASALA£9.95**
Half a tandoori chicken in a medium curry with ground meat, tomatoes, onions and green peppers
- 411. CHEF SPECIAL.....£9.95**
Chicken, meat, and prawns in a medium curry with tomatoes, onions, green peppers and topped with an omelette
- 412. CHICKEN/LAMB BAKHARA£9.50**
Herb-spiced lamb or chicken with tomatoes, onions and fresh coriander; served medium or hot
- 413. CHICKEN/LAMB PASSANDA.....£9.50**
Sliced lamb or chicken in fresh cream and yogurt with mixed ground cashew nuts and mild spices
- 414. MUGLAI CHICKEN.....£9.50**
Spring chicken with almonds, cashew nuts, egg fresh cream and ground garam masala
- 415. FISH MASALA£10.95**
Bangladeshi Telapia fillets in a special masala sauce

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Barbecue • Indian • Restaurant



The Gaylord TRADITIONAL CHICKEN DISHES

**WANT BREAST MEAT ONLY?
JUST £0.50 EXTRA**

- 501. CHICKEN CURRY£6.95**
Cooked with medium spices
- 502. CHICKEN VINDALOO£8.35**
Cooked with hot spices & potatoes
- 503. CHICKEN MADRAS£8.35**
Cooked with hot spices
- 504. CHICKEN CEYLON£8.35**
Cooked with hot spices & coconut
- 505. CHICKEN KORAI£9.50**
Cooked with onions, tomatoes and capsicum in a traditional iron korai and served sizzling hot
- 506. CHICKEN DUPIAZA.....£8.35**
Cooked with diced onions, tomatoes and capsicum in spicy sauce
- 507. CHICKEN SAGH£8.35**
Cooked with oriental spices and spinach
- 508. CHICKEN BADAMI£8.35**
Cooked with almonds in mild creamy sauce
- 509. CHICKEN KASHMIRI.....£8.35**
Cooked with lychees and pineapple in a delicately spiced sauce
- 510. CHICKEN MALAYA.....£8.35**
Cooked with pineapple in a medium sauce
- 511. CHICKEN DANSAK£8.35**
Cooked with lentils in our exotic hot sweet and sour sauce
- 512. CHICKEN ROGAN.....£8.35**
Cooked in our spicy medium hot sauce, garnished with fried onions, peppers and tomatoes
- 513. CHICKEN KURMA£8.35**
Very mild chicken dish

FOR MORE CHICKEN DISHES, PLEASE ALSO SEE OUR
TANDOORI DRY DISHES, EXCLUSIVE NEW DISHES,
CHEF'S SPECIALITIES, AND BIRYANI RICE DISHES



The Gaylord is a Family Restaurant

The Gaylord TRADITIONAL LAMB DISHES

- | | |
|---|--------------|
| 601. LAMB CURRY | £6.95 |
| Cooked with medium spices | |
| 602. LAMB MADRAS | £8.35 |
| Cooked with hot spices | |
| 603. LAMB VINDALOO | £8.35 |
| Cooked with hot spices & potatoes | |
| 604. LAMB CEYLON | £8.35 |
| Cooked with hot spices & coconut | |
| 605. LAMB BHOONA | £8.35 |
| Cooked with onions in a medium curry | |
| 606. LAMB KURMA | £8.35 |
| Very mild lamb dish | |
| 607. LAMB KORAI | £9.50 |
| Cooked with onions, tomatoes and capsicum in a traditional iron korai. Served sizzling hot | |
| 608. LAMB SAGH | £8.35 |
| Cooked with oriental spices and spinach | |
| 609. LAMB ALOO | £8.35 |
| Cooked with potatoes, dry herbs and spices | |
| 610. SHABZI LAMB | £8.35 |
| Cooked with spiced mixed vegetable | |
| 611. LAMB KASHMIRI | £8.35 |
| Cooked with lychees and pineapple in a delicately spiced sauce | |
| 612. LAMB MALAYA | £8.35 |
| Cooked with pineapple in a medium sauce | |
| 613. LAMB XACUTI | £9.50 |
| Very popular Goan dish cooked with roasted aromatic fennel seeds, cloves, garlic, ginger and other spices | |
| 614. ROGAN JOSH | £8.35 |
| Cooked in our medium-hot spicy sauce, garnished with fried onions, tomatoes and peppers | |
| 615. LAMB DHANSAK | £8.35 |
| Cooked with lentils in our exotic hot sweet and sour sauce | |
| 616. BHOONA KEEMA | £9.50 |
| Minced lamb with onions and tomatoes | |
| 617. KEEMA MATAR MADRAS | £9.50 |
| Minced lamb and peas in our spicy hot sauce | |

FOR MORE LAMB DISHES, PLEASE ALSO SEE OUR
TANDOORI DRY DISHES, EXCLUSIVE NEW DISHES,
CHEF'S SPECIALITIES, AND BIRYANI RICE DISHES

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Indo-Chinese Restaurant



The Gaylord TRADITIONAL SEAFOOD DISHES

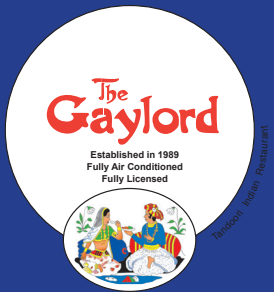
- 701. PRAWN CURRY £7.95**
Cooked with medium spices
- 702. PRAWN MADRAS..... £8.95**
Cooked with hot spices
- 703. PRAWN VINDALOO..... £8.95**
Cooked with hot spices & potatoes
- 704. PRAWN CEYLON £8.95**
Cooked with hot spices & coconut
- 705. PRAWN BHOONA..... £8.95**
Cooked with onions and peppers in an exotic blend of spices
- 706. PRAWN SAG £8.95**
Cooked with oriental spices and spinach
- 707. PRAWN DHANSAK £8.95**
Cooked with lentils in our exotic hot sweet and sour sauce
- 708. PRAWN PATHIA £8.95**
Cooked with herbs hot and sour flavoured
- 709. KING PRAWN CURRY £9.50**
Cooked cooked with medium spices
- 710. KING PRAWN BHOONA..... £10.50**
Cooked cooked with onions and peppers in an exotic blend of spices
- 711. KING PRAWN SAG £10.50**
Cooked with oriental spices and spinach
- 712. KING PRAWN DHANSAK £10.50**
Cooked with lentils in our exotic hot, sweet and sour sauce
- 713. FISH CURRY £10.50**
Telapia fish fillets in a medium or hot sauce

FOR MORE SEAFOOD DISHES, PLEASE ALSO SEE OUR
TANDOORI DRY DISHES, EXCLUSIVE NEW DISHES,
CHEF'S SPECIALITIES, AND BIRYANI RICE DISHES

The Gaylord TRADITIONAL BIRYANI RICE DISHES

Saffron-flavoured rice dishes, all served with vegetable curry
ADDITIONAL SIDES OR SAUCE £1.50

- 801. RAJ SHAHI BIRYANI £12.95**
King prawn, prawn, chicken and meat biryani
- 802. CHICKEN BIRYANI..... £10.25**
- 803. LAMB BIRYANI..... £10.25**
- 804. NAWABI BIRYANI £10.50**
Spiced lamb and chicken biryani, with omelette toppings
- 805. CHICKEN TIKKA BIRYANI..... £10.50**
Marinated chicken biryani
- 806. TANDOORI CHICKEN BIRYANI £10.50**
Off-the-bone tandoori chicken biryani
- 807. PRAWN BIRYANI £11.95**
- 808. KING PRAWN BIRYANI..... £13.95**
- 809. SPECIAL PRAWN BIRYAINI..... £13.95**
Garlic-fried king prawn and shrimp biryani with omelette toppings
- 810. VEGETABLE BIRYAINI..... £9.50**
Mixed vegetable biryani



**The Gaylord TRADITIONAL
VEGETABLE DISHES**
AVAILABLE AS SIDES OR MAINS. MAINS £7.65
We do not use black lentils

- 901. **ALOO BHORTHA** £4.50
Traditional Bengali dish of mashed potato spiced with mustard, green chilli and fresh coriander and topped with diced onion
- 902. **VEGETABLE CURRY** £4.50
Mixed vegetables in a spicy sauce
- 903. **ALOO GHOBI** £4.50
Potatoes and cauliflower with herbs and spices
- 904. **BOMBAY ALOO** £4.50
Potatoes in a special blend of hot spices
- 905. **GHOBI BHAJI** £4.50
Cauliflower fritters with herbs and spices
- 906. **MUSHROOM BHAJI**..... £4.50
Mushroom fritters with onions and tomatoes in mixed spices
- 907. **CHANA ALOO**..... £4.50
Chickpeas and potatoes with mixed herbs and spices
- 908. **BHINDI BHAJI** £4.50
Okra fritters with mixed spices
- 909. **BAIGAN MASALA**..... £4.50
Aubergine with tomatoes, sliced ginger, garlic, coriander, in a mild sauce
- 910. **SAGH PANEER** £4.50
Spinach with onions, garlic, and spiced curd cheese
- 911. **SAGH ALOO** £4.50
Spinach and potatoes with mixed herbs and spices
- 912. **SAGH BHAJI** £4.50
Spinach fritters with onions and garlic cooked over a slow flame
- 913. **KHUMB MATAR**..... £4.50
Mushroom and chickpeas with coriander and cumin; mild
- 914. **TOMATO BHAJI**..... £4.50
Lightly spiced tomato fritters with garlic, onion and coriander
- 915. **DALL SHAMBER**..... £4.50
Lentils with mixed vegetables
- 916. **DALL TARKA** £4.50
Lentils with spices and fresh garlic
- 917. **DALL MAKHANI**..... £4.50
Lentils with almonds in a rich cream sauce
- 918. **CHANA MASALA** £4.50
Chickpeas in spices
- 919. **MUTTER PANEER** £4.50
Green peas and home-made curd cheese in spices
- 920. **PANEER MASALA** £4.50
Curd cheese with green garlic, ginger and coriander
- 921. **BROCCOLI BHAJI**..... £4.50
Broccoli fritters with herbs and spices
- 922. **ALOO NIRAMISH** £4.50
Potatoes with fresh ginger and mixed spices



CHAWAL Rice Side Dishes

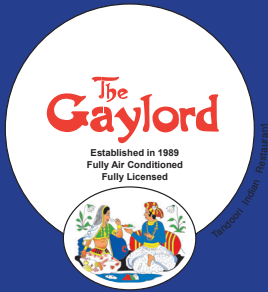
- 1001. PILAU RICE.....£3.15**
Saffron-flavoured rice
- 1002. PLAIN BOILED RICE£3.05**
Pilau with egg and peas
- 1003. SPECIAL FRIED RICE.....£3.55**
- 1004. MUSHROOM RICE£3.55**
Pilau with mushrooms
- 1005. VEGETABLE RICE.....£3.55**
Pilau with mixed vegetables
- 1006. KEEMA RICE£4.50**
Pilau with ground lamb and onions
- 1006. ANY OTHER MIXED RICE£3.55**

NAAN / ROTI Indian Flatbread

- 1101. NAAN.....£2.75**
Leavened flatbread baked in the tandoor
- 1102. KEEMA NAAN.....£3.15**
Naan stuffed with minced meat
- 1103. STUFFED NAAN£3.15**
Naan stuffed with vegetables
- 1104. ONION KULCHA£3.15**
Naan stuffed with onions
- 1105. PESHWARI NAAN£3.15**
Naan stuffed with sultanas and nuts
- 1106. GARLIC NAAN£3.15**
Naan spiced with fresh garlic and coriander
- 1107. TANDOORI ROTI£3.15**
Plain-flour flatbread baked in a tandoor
- 1108. PARATHA.....£3.15**
Buttered wholemeal-flour layered flatbread
- 1109. SHABZI PARATHA£3.75**
Spiced vegetable paratha
- 1110. CHAPATI£1.95**
Basic Indian flatbread made from plain flour
- 1111. PUREE£1.95**
Deep-fried wheat-flour flatbread

SUNDRIES & OTHER EXTRAS

- 1201. POPADOM£0.75**
Seasoned thin and crispy flatbread
- 1202. SPICED POPADOM£0.75**
- 1203. ANY PLAIN CURRY SAUCE£3.45**
- 1204. KURMA OR MASALA SAUCE£3.75**
- 1205. CHUTNEY RELISHES per item £0.75**
Mango Chutney, Mixed Pickle, Onion Salad, Mint Sauce



The Gaylord DESSERTS

LEMON DELIGHT	£4.95
Tangy lemon sorbet served inside a real lemon skin	
ORANGE DELIGHT	£4.95
Tangy lemon sorbet served inside a real orange skin	
HONEY POT	£4.95
Real vanilla ice cream with nuts and glazed almonds with a honey sauce	
KULFI	£3.75
Traditional Indian ice cream made from whole milk and cream. Choice of Mango or Almond	
COCONUT PARADISE	£4.95
Delicious coconut ice cream served in a coconut shell	
ROYAL POT	£4.95
Toffee ice cream topped with milk toffee chunks	
CHOCO MINT	£4.95
Mint ice cream with chunks of milk chocolate	

The Gaylord HOT BEVERAGES

CUP OF TEA	£2.25
CUP OF COFFEE	£2.25
POT OF COFFEE (c. 4 cups)	£5.50
NON-ALCOHOLIC IRISH COFFEE	£3.75
TRADITIONAL IRISH COFFEE	£5.50
ANY LIQUEUR COFFEE	£5.50

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